

## DINNER AND MOVIE NIGHT IS HERE!



Dinner and movie night at Ranchwood Apartments is here. We will be hosting this event Friday September 8th at 6:30 pm. Come and enjoy a great time with your fellow neighbors and leasing staff. Save the date and don't forget. More information will be sent out.

### MEET THE STAFF

Yvonne-Community Manager  
Natalie - Financial Manager  
Yessenia, Shayla, Gabriela-Leasing  
Alan- Maintenance Team Lead  
David, Andrew, Adrian, Miguel,  
Martha- Maintenance Team

### QUOTE

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it."  
—Albert Einstein

## 10 MOST MEMORABLE MOMENTS IN BASEBALL

Here are baseball fan's top 10 picks for most memorable moments: 1: 1995 Cal Ripken breaks Lou Gehrig's streak with his 2,131st consecutive game. 2: 1974 Hank Aaron breaks Babe Ruth's home run record. 3: 1947 Jackie Robinson becomes the first African-American Major Leaguer. 4: 1998 Mark McGwire & Sammy Sosa surpass Roger Maris' single-season home run record. 5: 1939 Lou Gehrig retires with his 'luckiest man' farewell speech. 6: 1985 Pete Rose passes Ty Cobb as the all-time hits leader. 7: 1941 Ted Williams is the last man to post a .400 average. 8: 1941 Joe DiMaggio hits in 56 straight games. 9: 1988 Kirk Gibson's pinch-hit homer sends LA on its way to a World Series upset. 10: 1991 Nolan Ryan pitches his 7th career no-hitter.

### HAVE YOU LAUGHED TODAY?

Researchers have found that laughter might just be the best medicine. Laughing reduces stress, lowers blood pressure, and boosts your immune system. It can even improve relationships. Take some moments each day to look at the lighter side of things and your mood and health will benefit.

### HOW TO REVAMP YOUR WARDROBE

Everyone should revamp their wardrobe at least once a year. Here are a few tips:

- o Throw out anything that doesn't fit or looks very worn.
- o Only buy new things that you truly love!
- o Try clothes on before you buy when possible.
- o Be daring. Try on a new style every time you go shopping.

# SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Rent is due	2
3 Rent is late at 5 pm \$50 late fee	4 \$25 late fee	5 Pest Control	6	7	8 Movie Night 6:30 pm	9
10	11	12 Pest Control	13	14	15	16
17	18	19 Pest Control	20	21	22	23
24	25	26 Pest Control	27	28	29	30

Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing. —Abraham Lincoln

## RELIEVE STRESS WITH THESE FUN AND EASY



## IDEAS

There are many small ways to improve how you handle daily stress and increase your well-being. Light some candles. Get a glass of wine. Take a hot bath. You can also try some yoga or any other form of exercise that makes you feel good. Meditate or explore breathing exercises. Listen to a guided meditation or download a mindfulness app to get started. Try some of these ideas and you are likely to hit upon something that will help you relax.

## RENT

Rent is due by the first day of the month, so please pay your rent on time. Rent paid after the third of the month will be assessed a daily late fee. Please contact the office immediately if you anticipate difficulty with payment.