

SEPTEMBER 2017

Creekside Villas

220 47th Street #C
San Diego, CA 92102
619-263-2686
CreeksideVillasIsYourHome.com

How to Revamp Your Wardrobe

Everyone should revamp their wardrobe at least once a year. Here are a few tips:

- o Throw out anything that doesn't fit or looks very worn.
- o Only buy new things that you truly love!
- o Try clothes on before you buy when possible.
- o Be daring. Try on a new style every time you go shopping.

Joke

Q: How many psychiatrists does it take to change a light bulb? A: Only one, but the light bulb has to WANT to change.

COMMUNITY NEWS

Motivate Yourself at Work

Here are a few little things you can do to stay motivated at work. First of all, it's really important to have a good work environment. Natural daylight is a great mood-lifter. A comfortable desk and chair are also indispensable. Make sure you're surrounded by things that make you feel joyful, like pictures of your family, a favorite print or art object, or a well-kept plant. Lastly, don't forget to treat yourself every time you finish a project. You deserve it!



Making Lists for Better Time Management

Some days, it feels like you wake up, immediately get to work and don't have a minute to yourself until lunchtime. But how much did you really get done? We tend to waste time on projects that aren't going anywhere, instead of focusing on tasks that will actually yield results. To avoid this, try making a list of the things you absolutely need to get done that day. Then make another list of things to focus on after the

priority list is completed. You can make these lists first thing in the morning or even the night before. This way, you'll prioritize instead of taking up tasks impulsively.

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it."

—Albert Einstein

Meet the Staff

Propert Mgr.- Ofelia P.
Leasing - Paulina L.
Maint. Team Leader - Jaime C.
Maint. Tech. - Jose C.
Groundskeeper - Rafael G.

Leasing Center Hours Mon - Fri: 9-6, Saturday 9-6, Sunday CLOSED

SEPTEMBER 2017

sunday	monday	tuesday	wednesday	thursday	friday	saturday
PAY RENT ON-LINE OR MONEYGRAM					1 RENT DUE	2
3 ADD \$50 LATE FEE TO RENT AFTER 5PM OFFICE CLOSED	4 TRASH PICK-UP PEST CONTROL	5	6	7	8 TRASH PICK-UP PEST CONTROL	9
10 OFFICE CLOSED	11 TRASH PICK-UP PEST CONTROL	12	13	14	15 TRASH PICK-UP PEST CONTROL	16
17 OFFICE CLOSED	18 TRASH PICK-UP PEST CONTROL	19	20	21	22 TRASH PICK-UP PEST CONTROL	23
24 OFFICE CLOSED	25 TRASH PICK-UP PEST CONTROL	26	27	28	29 TRASH PICK-UP PEST CONTROL	30
			"It is the supreme art of the teacher to awaken joy in creative expression and knowledge."			

It is Time to Ditch that Soda



Did you know that 12 ounces of soda is about 150 calories? Here are some ideas for soda substitutes that will still satisfy your need for a tasty drink but save you the calories. Tonic water with a squeeze of lime or lemon (80 calories). Tomato or vegetable juice (50 calories) . Energy drink, such as Gatorade (60 calories). Apple cider (120 calories). Skim milk (85 calories). Unsweetened tea (5 calories).

Rent

Rent is due by the first day of the month, so please pay your rent on time. Rent paid after the third of the month will be assessed a \$50 late fee. Please contact the office immediately if you anticipate difficulty with payment (619) 263-2686.