

NOVEMBER 2016

# Spring Villa

APARTMENTS

8760 Jamacha Rd  
Spring Valley, CA 91977  
619-589-9966

## Lock Up Your Vehicle

What are the top things that attract car thieves? Unlocked doors, rolled-down windows, a key in the ignition, and valuables in plain sight. To protect yourself, always remember to lock up your vehicle and take your keys with you. Don't leave valuables, bags, purses, or backpacks in view. Take these precautions even if you are just away for a few moments.

## Public Transportation Safety

When traveling on public transit, practice awareness when getting on and off the bus. Wait at a bus stop that is well-lit and has lots of traffic and people around if possible. Sit near the front of the bus so you are closer to the driver. When exiting a bus, be aware of those exiting at the same time. Travel immediately to a safe spot and continue to your destination.

# COMMUNITY NEWS

## Decorating for the Fall

When you want to welcome fall,

there are all sorts of ways to be creative. You may want to get a wreath to hang on the door, or visit a craft store where you can get a pumpkin (or two). The benefit to craft store pumpkins is that you won't have to worry about them rotting.

Some cinnamon can hang in your apartment, and it can add a fresh scent you're sure to love.



## Winter Allergies

During the winter months, coughing and sneezing can hit at any time, but don't assume that you have a cold. It could be allergies. There are some things you can do to help relieve allergy or asthma symptoms during the winter. These tips can help. Keep humidity levels in your home under 35 percent to restrict the growth of mold and dust mites. If you use a humidifier, keep it clean and change the water frequently.

You can also use an anti-mold agent in the water or as a spray for the humidifier. Vacuum floors and furniture frequently. Make sure your vacuum has a HEPA filter.

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it."

—Albert Einstein

## Meet the Staff

Manager: DeAnna  
Leasing : Jerlayne  
Maintenance: Azael & Jose

Leasing Center Hours Mon - Fri: 9-6, Saturday 10-5, Sunday Closed

# NOVEMBER 2016

sunday	monday	tuesday	wednesday	thursday	friday	saturday
		1 2PM Bilingual Story time 4PM Scrabble Club	2 3PM Homework Help	3 3PM Homework Help	4	5 10AM Citizenship Class
6	7 3PM Homework Help & Chess Club	8 2PM Bilingual Story time 4PM Scrabble Club	9 3PM Homework Help	10 3PM Homework Help	11 2:30 Rocking Recess	12 10AM Citizenship Class
13	14 3PM Homework Help & Chess Club	15 2PM Bilingual Story time 4PM Scrabble Club	16 3PM Homework Help	17 3PM Homework Help	18	19 10AM Citizenship Class
20	21 3PM Homework Help & Chess Club	22 2PM Bilingual Story time 4PM Scrabble Club	23 3PM Homework Help	24 Office Closed Happy Thanksgiving	25 3PM Homework Help	26 10AM Citizenship Class
27	28 3PM Homework Help & Chess Club	29 2PM Bilingual Story time 4PM Scrabble Club	30 3PM Homework Help			

Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing. —Abraham Lincoln

## Stay Safe Over the Holidays



We want all our residents to have a safe and joyful holiday season. With that in mind please follow these simple precautions to avoid holiday fire hazards. Be sure to check your lights for defects before stringing them. Defective lights can cause a spark. Don't forget to unplug all electric decorations before leaving your home or going to bed. If you are displaying a freshly cut Christmas tree, water it daily to keep it from drying out. Dry trees are extremely flammable. Thank you for putting safety first, and happy holidays!

### Rent

Rent is due by the first day of the month, so please pay your rent on time. Rent paid after the fifth of the month will be assessed a \$50.00 late fee. Please contact the office immediately if you anticipate difficulty with payment.