

AUGUST 2014

# Glen Oaks

APARTMENTS

5750 N 59th Ave  
Glendale, AZ 85301  
866-706-9746  
GlenOaksIsYourHome.com

## Grocery Shopping Tip

It pays to be aware of the marketing tricks at the grocery store. Products displayed at eye-level are generally the most expensive. This is partly because manufacturers have to pay a hefty premium to get their products in those prime spots, and partly because it is the biggest manufacturers that are willing and able to pay those prices. You will find bargains up high, or down low on the bottom shelves.

## Food Tip

When you find a good price on milk, you probably wish you could stock up. The best way to store milk long-term is by freezing it. To freeze milk, remove about one cup from a gallon container of milk to prevent the jug from expanding too much when frozen. It can be frozen for up to 3 months.

# COMMUNITY NEWS

## Flu Season

Flu season is here. There really is no

cure for the flu. But there are things you can do to make yourself more comfortable during the duration. Get plenty of rest and drink lots of fluids. Fever can be treated with acetaminophen. Be sure to talk to your doctor to get advice about using a decongestant/antihistamine to treat nasal congestion. Antibiotics have no effect on the flu because it is caused by a virus. And what about chicken soup? Although it doesn't cure anything, it can soothe a sore throat.



## Money Bad Habits You Can Break

**Refusing to use a budget:** Keeping track of all your expenses can show you where your money is going and where you can cut back.

**Using credit cards to get the perks:** It doesn't make sense to get the miles or save a little more on your purchases if you are racking up the interest charges. Only use your credit card if you can pay it off each month.

**Not having an emergency fund:** That rainy day will come. Even putting a little bit aside can keep you from reaching for a high-interest credit card when you have an unexpected emergency.

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it."

—Albert Einstein

## Meet the Staff

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Leasing Center Hours Mon - Fri: 8:30-5:30, Wed 8:30-7:00 Saturday 9-5, Sunday Closed

# AUGUST 2016

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	1 Rent is due!	2	3 Rent is late!	4	5 Back to school Party !!	6
7	8	9	10 Court	11	12	13
14	15	16	17	18	19 Ice cream Social.	20
21	22	23	24	25	26	27
28	29	30	31			

Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing. —Abraham Lincoln



## Driving in the Dark

With winter here, there are fewer

hours of light each day. The National Safety Council reports that traffic death rates are three times greater at night than during the day. Learn how to minimize their risks when driving after dark. Make sure your headlights are in proper working order. Clean your windows and lights. Aim your headlights properly. Follow other vehicles at a safe distance. You should also reduce your speed at night, as it becomes harder to judge other vehicle's distances and speeds after dark.

## Rent

Rent is due by the first day of the month, so please pay your rent on time. Rent paid after the third of the month will be assessed a daily late fee. Please contact the office immediately if you anticipate difficulty with payment.