

JULY 2016

## Creekside Villas

220 47th Street #C  
San Diego, CA 92102  
619-263-2686  
CreeksideVillasIsYourHome.com

### Grocery Shopping Tip

It pays to be aware of the marketing tricks at the grocery store. Products displayed at eye-level are generally the most expensive. This is partly because manufacturers have to pay a hefty premium to get their products in those prime spots, and partly because it is the biggest manufacturers that are willing and able to pay those prices. You will find bargains up high, or down low on the bottom shelves.

### Food Tip

When you find a good price on milk, you probably wish you could stock up. The best way to store milk long-term is by freezing it. To freeze milk, remove about one cup from a gallon container of milk to prevent the jug from expanding too much when frozen. It can be frozen for up to 3 months.

# COMMUNITY NEWS



### Money Bad Habits You Can Break

**Refusing to use a budget:** Keeping track of all your expenses can show you where your money is going and where you can cut back.

**Using credit cards to get the perks:** It doesn't make sense to get the miles or save a little more on your purchases if you are racking up the interest charges. Only use your credit card if you can pay it off each month.

**Not having an emergency fund:** That rainy day will come. Even putting a little bit aside can keep you from reaching for a high-interest credit card when you have an unexpected emergency.

“The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it.”  
—Albert Einstein

### Meet the Staff

Propert Mgr.- Ofelia P.  
Maint. Team Leader - Jaime C.  
Maint. Tech. - Jose C.  
Groundskeeper - Rafael G.

**Leasing Center Hours Mon - Fri: 9-6, Saturday 9-6, Sunday CLOSED**

# JULY 2016

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	DON'T FORGET TO RSVP FOR 4TH OF JULY PARTY!!!	PAY ON-LINE OR AT MONEYGRAM LOCATIONS			1 RENT DUE 4th of JULY PARTY @3PM	2
3 ADD \$50 LATE FEE TO RENT AFTER 5PM	4 4TH OF JULY OFFICE OPEN	5	6	7	8 TRASH PICK-UP PEST CONTROL	9
10 OFFICE CLOSED NO DROP BOX	11 TRASH PICK-UP	12	13	14	15 TRASH PICK-UP PEST CONTROL	16
17 OFFICE CLOSED NO DROP BOX	18 TRASH PICK-UP	19	20	21	22 TRASH PICK-UP PEST CONTROL	23
24 OFFICE CLOSED NO DROP BOX	25 TRASH PICK-UP	26	27	28	29 TRASH PICK-UP PEST CONTROL	30
31 OFFICE CLOSED NO DROP BOX			Character is like a tree and reputation like a shadow. The shadow is what we think of it; the tree is the real thing. —Abraham Lincoln			

## It is Time to Ditch that Soda



Did you know that 12 ounces of soda is about 150 calories? Here are some ideas for soda substitutes that will still satisfy your need for a tasty drink but save you the calories. Tonic water with a squeeze of lime or lemon (80 calories). Tomato or vegetable juice (50 calories) . Energy drink, such as Gatorade (60 calories). Apple cider (120 calories). Skim milk (85 calories). Unsweetened tea (5 calories).

### Rent

Rent is due by the first day of the month, so please pay your rent on time. Rent paid after the THIRD of the month will be assessed a \$50 late fee. Please contact the office immediately if you anticipate difficulty with payment (619) 263-2686.